A Better Way March 28th, 2021 Psalm 16

In this Psalm, David urges people to choose the better way, to choose God's way which brings us help, happiness and hope.

I. Our Present Help (1-3)

We have been preserved by God. He is our Refuge.

II. Our True Happiness (4-8)

Chasing after anything other than God will leave us empty.

III. Our Living Hope (9-11)

Jesus is our Living Hope!

On Your Own or with Your Family

Think of a time where you "ran after" something thinking it would bring you hope and life. What was it? When did you realize it was an empty pursuit? What changed things?

Read Acts 2, focusing specifically in on verses 25-32. How does this passage help us to better understand Psalm 16? What does it tell us about Jesus' resurrection? How can this bring hope for us today?

Take some time this week to ask the Holy Spirit to bring to mind people in need of prayer. Focus specifically on those people who seem to be seeking happiness and hope in places other than Jesus.