

Manifestations of Pride

Definition of Pride: The mindset of self (a master's mindset rather than that of a servant): a focus on self and the service of self, a pursuit of self-recognition and self-exaltation and a desire to control and use all things for self.

Please rate the following statements of manifestations of pride in your life using the following scale:

0 – This is **not** an issue in my life

1 – This is **seldom** an issue

2 – This is **sometimes** an issue

3 – This is **often** an issue

4 – This is a **major** issue

5 – This is a **life-dominating** issue in my life

_____ 1. Complaining against or passing judgment on God. Critical, judgmental.
(Numbers 14:1-4, 9, 11; Romans 9:20).

_____ 2. A lack of gratitude (2 Chronicles 32:25)

_____ 3. Anger (Proverbs 28:25; Matthew 20:1-16)

_____ 4. Seeing yourself as better than others (Luke 7:36-50)

_____ 5. Having an inflated view of your importance, gifts and abilities (Acts 12:21-23)

_____ 6. Being focused on the lack of your gifts and abilities (1 Cor. 12:14-25)

_____ 7. Perfectionism (Matthew 23:24-28)

_____ 8. Talking too much (Proverbs 10:19)

_____ 9. Talking too much about yourself (Proverbs 27:2; Galatians 6:3)

_____ 10. Seeking independence or control (1 Corinthians 1:10-13; Ephesians 5:21)

_____ 11. Being consumed with what others think (Galatians 1:10)

_____ 12. Being devastated or angered by criticism (Proverbs 13:1)

_____ 13. Being unteachable (Proverbs 19:20; John 9:13-34)

_____ 14. Being sarcastic, hurtful, degrading, talking down to them (Proverbs 12:18, 24)

_____ 15. A lack of service (Galatians 5:13, Ephesians 2:10)

_____ 16. A lack of compassion (Matthew 5:7, 18:23-35)

_____ 17. Being defensive or blame-shifting (Genesis 3:12-13; Proverbs 12:1)

_____ 18. A lack of admitting when you are wrong (Proverbs 10:17)

_____ 19. A lack of asking forgiveness (Matthew 5:23-24)

_____ 20. A lack of biblical prayer (Luke 18:10-14)

_____ 21. Resisting authority or being disrespectful (1 Peter 2:13-17)

_____ 22. Voicing preferences or opinions when not asked (Philippians 2:1-4)

_____ 23. Minimizing your own sin and shortcomings (Matthew 7:3-5)

_____ 24. Maximizing others' sin and shortcomings (Matthew 7:3-5; Luke 18:9-14)

_____ 25. Being impatient or irritable with others (Ephesians 4:31-32)

_____ 26. Being jealous or envious (1 Corinthians 13:4)

_____ 27. Using others (Matthew 7:12; Philippians 2:3-4)

_____ 28. Being deceitful by covering up sins, faults, and mistakes (Proverbs 11:3; 28:13)

_____ 29. Using attention-getting tactics (1 Peter 3:3,4)

_____ 30. Not having close relationships (Proverbs 18:1-2; Hebrews 10:24-25)

_____ 31. Unwilling to seek help when needing it or receiving help when offered.

Manifestations of Humility

Definition of Humility: The mindset of Christ (a servant's mindset): a focus on God and others, a pursuit of the recognition and the exaltation of God, and a desire to glorify and please God in all things and by all things He has given.

Please rate the following statements of manifestations of humility which describe your life using the following scale:

- 0 – This aspect of humility is **not** present in my life at this time
1 – This aspect of humility is **seldom** present in my life at this time
2 – This aspect of humility is **sometimes** present in my life at this time
3 – This aspect of humility is **often** present in my life at this time
4 – This aspect of humility is **regularly** present in my life at this time
5 – This aspect of humility is **predominately** present in my life at this time

- _____ 1. Recognizing and trusting God's character (Psalm 119:66)
_____ 2. Seeing yourself as having no right to question or judge an Almighty and Perfect God (Psalm 145:17; Romans 9:19-23)
_____ 3. Focusing on Christ (Philippians 1:21; Hebrews 12:1-2)
_____ 4. Biblical praying; and a great deal of it. Praying without ceasing. (1 Thessalonians 5:17; 1 Timothy 2:1-2).
_____ 5. Being overwhelmed with God's undeserved grace and goodness (Psalm 116:12-19)
_____ 6. Thankfulness and gratitude in general towards others (1 Thess. 5:18).
Not taking others for granted. I don't deserve anything!
_____ 7. Being gentle and patient (Colossians 3:12-14). Because God is this with me.
_____ 8. Seeing yourself as no better than others (Romans 12:16; Ephesians 3:8)
_____ 9. Having an accurate view of your gifts and abilities (Romans 12:3)
_____ 10. Being a good listener (James 1:19; Philippians 2:3-4)
_____ 11. Talking about others only if it is good or for their good (Proverbs 11:13)
_____ 12. Being gladly submissive and obedient to those in authority (Romans 12:1- 2, 13:1-2)
_____ 13. Preferring others over yourself (Romans 12:10)
_____ 14. Being thankful for criticism or reproof (Proverbs 9:8, 27:5-6). Because there is often a point of truth in it.
_____ 15. Having a teachable spirit (Proverbs 9:9)
_____ 16. Seeking always to build up others (Ephesians 4:29)
_____ 17. Serving (Galatians 5:13). Not waiting to be served.
_____ 18. A quickness in admitting when you are wrong (Proverbs 29:23). How fast you admit your sin shows maturity.
_____ 19. A quickness in granting and asking for forgiveness (Colossians 3:12-14)
_____ 20. Repenting of sin as a way of life (Colossians 3:1-14; 1 Timothy 4:7-9)
_____ 21. Minimizing others' sins or shortcomings in comparison to one's own (Matthew 7:3-4)
_____ 22. Being genuinely glad for others (Romans 12:15)
_____ 23. Being honest and open about who you are and the areas in which you need growth (Philippians 3:12-14; Galatians 6:2)
_____ 24. Possessing close relationships (Acts 20:31-38)